

Trafalgar Newsletter

8th July 2022

We are now only a couple of weeks away from the end of term!

Last week we held our Year 11 Prom, which was a wonderful event to celebrate our students time at Trafalgar. They have been an exemplary year group and it has been our pleasure to see them grow in to the young people they have become. We know they will go far and can't wait to see them again at results day in August!

We also held our Year 6 induction days this week and met the next generation of #teamtrafalgar. They were a fantastic group and we can't wait for them to start their journey with us in September.

There is still plenty to look forward to before we reach the end of this year, such as our School Production and our Sports Festival! We look forward to bringing you more on there in the coming fortnight.

Take care and stay safe,

Team Trafalgar



Key Dates

2022

Wednesday 13th - 14th July - School Production

Wednesday 20th July - PD Day 5

Thursday 21st July - Sports Festival

Friday 22nd July - Celebration Assembly - 12:30pm finish

Friday 25th August - Results Day

Stay Hydrated!

During the warmer weather, please remind your child to bring a refillable water bottle with them and to drink plenty of water and stay hydrated!



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Year 11 Prom 2022

On the 30th June we held our Year 11 Prom for our 2022 cohort. This was a brilliant evening with students dressed to the nines for the occasion. There was food, laughter and dancing - it was the perfect way to celebrate the end of their time with us!

Year 11 are always welcome to get in touch with us at the school if they ever need any guidance or support, please don't hesitate to ask! **#teamtrafalgarforever**



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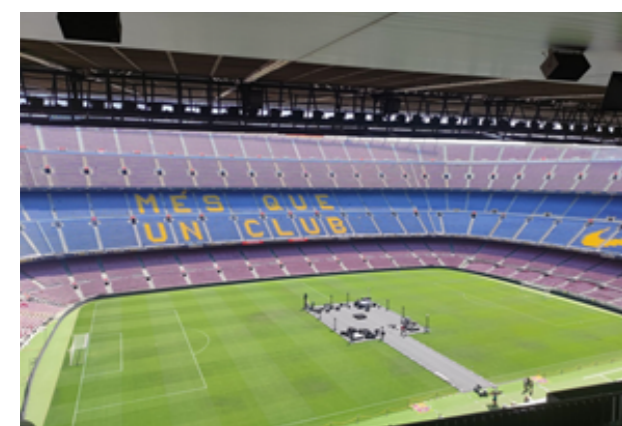
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MFL Department Update

We have had a very busy term in Languages!

This year, Team Trafalgar has had the opportunity to travel to Barcelona! Students have had the chance to embrace the culture and show off their Spanish skills. We saw one of the famous monumental basilica (known as La Sagrada Familia), visited the massive theme park known as Port Aventura and to top it all off, pupils who are football fanatics were extremely lucky to see the famous football stadium, Camp Nou!



During activities week, students travelled by ferry to another residential trip, but this time, to Paris! We really enjoyed going up to the Eiffel Tower and seeing the

beautiful view of the whole city from the top. The students also walked through the cobbled street reaching towards the stunning basilica building known as Montmartre. On top of all that, we got to travel to Disneyland where students were able to see the musical parades of Disney characters and the colourful fireworks!

But we have also been very active locally. We have been enjoying some foreign language cinema, tasting new food in our French Pique-Nique on the common (our students loved French cheese!) and tried some Mexican food in Chiquito's. These are very enriching experiences for our students



and have helped them to get themselves immersed in other cultures without leaving the country!

We hope our students have a fabulous summer holiday and we look forward to see everyone in September!



TikTok app safety – What parents need to know

Full article: [TikTok app safety – What parents need to know \(Internet Matters\)](#)

What is TikTok?

TikTok is a free social media app that lets you create, share, and watch short clips. The app is popular for viral dances and celeb cameos and is a creative and fun platform for all ages to enjoy.



Currently, the app is available in 75 languages with over 1 billion active users (Jan 2021). Like Musical.ly before it, it is most popular with under 16s. It has also now become the most downloaded app of 2019.

What can you find on TikTok?

Short videos up to 60 seconds of everything from popular songs to users dancing, lip-synching, performing comedy sketches, and more.

Examples of trends and challenges

TikTok trends and challenges are a popular part of the app that change often. Users can re-create content from dance challenges to memes about current events. While many are harmless and fun, there are others that need to be monitored closely.

These challenges and trends can harm a child's physical health and mental wellbeing:

- The silhouette challenge: users create images or videos that are edited using a filter so they appear as a silhouette. Many are sexualizing themselves with this challenge. Filters can also be removed by others, so users must be careful about what they are wearing behind the camera.
- The blackout challenge: around before TikTok existed, it involves users interrupting their oxygen until they get close to losing consciousness. This challenge has led to the recent deaths of multiple children aged 9-12.
- Back cracking challenge: a user cracks the back of their friend without any training. Medical professionals warn that this can twist and pull on the spine, resulting in long-term damage.
- Nutmeg challenge: consuming large amounts of nutmeg has been shown to affect the nervous system, potentially causing hallucinations. However, research shows it can also cause dizziness, nausea, drowsiness, dry mouth, confusion, and seizures.
- Full face wax trend: presented as a skincare routine, users cover their entire face with wax. There is risk of suffocation if the wax enters the airways. Because wax is designed to harden, once in the airways, it can only be removed surgically.
- The magnet challenge: using small magnetic balls, users pretend to have piercings on their ears, noses, and lips. More extreme versions see users swallowing these magnetic balls so that they can stick magnets on their skin and be 'magnetic' themselves. This has resulted in serious hospitalisation and surgery to remove these harmful magnets.

What is the minimum age for TikTok?

13 is the minimum age according to TikTok's terms and conditions.

Why do teens love TikTok?

It is a way to express themselves and create short-form video clips to gain a following and build a community around their passions. It also features some great special effects that users can apply to their videos to make them more unique. You can also cross-post the content on other platforms (such as Instagram) to share it with more people.

What should parents be concerned about?

- When you download the app users can see all the content without creating an account although they are not able to post, like, or share anything until they've set up an account on the app.
- You can set up your account by using your existing Google, Facebook, Instagram account, via email or phone.
- By default all accounts are public so anyone on the app can see what your child shares. However, only approved followers can send them messages.
- Users can like or react to a video, follow an account or send messages to each other, so there is the risk that strangers will be able to directly contact children on the app.
- Children may be tempted to take risks to get more of a following or likes on a video so it's important to talk about what they share and with who.
- Need to delete your account? Go to Me>Tap ..., located on the top right corner>Tap Manage account > Delete account. Follow the instructions in the app to delete your account.

TikTok has said: "Today's announcement is about going one step further to put in place stronger proactive protections to keep younger members of our community safe."

We look forward to the feedback of our community and all of our stakeholders as we constantly improve with new features and resources to help our community manage their TikTok experience."

Does TikTok have any safety features?

Digital Wellbeing

Like Facebook and Instagram, it has a digital wellbeing element (which is password protected) that alerts users who have been on the app for more than two hours. You can also turn on 'restricted mode' to filter out inappropriate content on the app.

Private account

You can set an account to be private so that all videos can only be seen by the creator and no one else on the platform. With a private account, you can approve or deny users and limit incoming messages to followers only.

Please note that even with a private account, your child's profile photo, username, and bio are still visible to all users on the platform. You can manage who can comment, duet and direct message your child on the app.

Privacy settings

TikTok users under 18 will have their accounts set to private-by-default, which means only someone who the user approves as a follower can view their videos. The change is part of a wider package of measures designed to drive higher standards of user privacy and safety. Download the updated privacy settings [here](#).

Internet Matters CEO Carolyn Bunting adds: "The safety of children and young people online needs to be a priority for organisations across the industry."

The disabling of direct messaging on the TikTok platform for under 16s is a significant move in prioritising the safety of their young users and we are pleased to see the protection of their younger users taking precedence in their product changes.

TikTok provides fantastic opportunities to be creative and have fun, especially in these unprecedented times and it is encouraging to see them invest in a number of initiatives that help to create a safer environment for young people."

Check out our TikTok privacy and safety parental controls to learn more.



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