



Preparing for Year 11

Class of 2026



Welcome

Mrs Pearce

Head of School



Trafalgar
S c h o o l





Parental engagement in
education is one of the
largest factors in student
achievement.

Thank you for being here today.



Key Parent Events

1. **Preparing for Year 11 Evening: 18th September**

- Overview of Year 11
- Subject Q & A

2. **Parents Evening: 11th December**

- Mock Exam 1 results
- Appointments with subject teachers

3. **Parent and Student Workshop and Meal: 29th January**

- Revision workshop
- Plus free meal

4. **RAP (Raising Achievement Plan) Meeting: 24th March**

- Mock Exam 2 results
- Appointment with tutors



Mr. Furnell

*Assistant Headteacher –
Engagement and Attendance*



129

School days until the start of exams



Steps to Success



**BIG JOURNEYS
BEGIN WITH
SMALL STEPS**



The Teenage Brain

Age 0

Age 11

Age 24





National Challenges for Teens

- Mental health
- Self-esteem & body image
- Peer pressure
- Bullying
- Cyber addiction
- Depression
- Drinking and drugs
- Eating disorders






Then, add Year 11 Exams ...





How might your child be
feeling?



I'm
panicking
already!

Why are
exams so
easy for
everyone else
but me?

I have no idea
what I am doing
this year!

I don't know
what I want to
do at college
yet.

I always just
go 'blank' in
exams.

Exams are
so far
away, I
don't need
to think
about
them yet.

My family is piling on the
pressure – especially
because my older sibling did
so well last year.

I don't need
GCSEs!



How will the school
support your child?



Bespoke Year 11 Support

Term One	Term Two	Term Three
Mock Exams 1: November Support: <ul style="list-style-type: none">➤ Trust Guest Speaker➤ Preparing for Yr11 Evening➤ Intervention timetable➤ Elevate Conference➤ PD Day 1: Key to Success➤ Parents Evening	Mock Exams 2: March Support: <ul style="list-style-type: none">➤ Parent and Child Workshop and meal➤ PD Day 2: Acing Exams➤ February Half-Term: Coursework Catch Up➤ RAP Meets➤ Easter Holidays: Boosters	GCSE Exams: May-June Support: <ul style="list-style-type: none">➤ Aim Higher Conference➤ Warm-up and Booster Timetable➤ May half-term: final Boosters <ul style="list-style-type: none">✓ Leavers BBQ✓ Prom!

Plus: targeted intervention, revision guides, college events, etc



Attendance really does
matter!

Join our 96%+ Club!



What can we learn from last year?

Attendance	Attainment 8	Average Grade
100% (23)	57.33	5a
95-99% (80)	49.25	4a
90-94% (28)	37.75	3a
80-89% (11)	36.73	3b
<80% (31)	23.58	2c



How can you support
your child?



What can parents do?

- 1) Listen to your child – show an interest, ask supportive questions, make time
- 2) Reward effort rather than results – praise the small things, discuss small rewards eg. favourite meal or film night
- 3) Supportive approach – think about language choices when discussing revision e.g. 'what can we do at home to support you?'
- 4) Recognise when they are really struggling and identify what help is available
- 5) Keep them motivated – ask them about college and apprenticeships, inspire them
- 6) Support them with revision



What can your child do?



What can students do?

- ✓ Attend school every day
- ✓ Attend lessons on time
- ✓ Communicate when / if they need help
- ✓ Engage in learning
- ✓ Believe in themselves

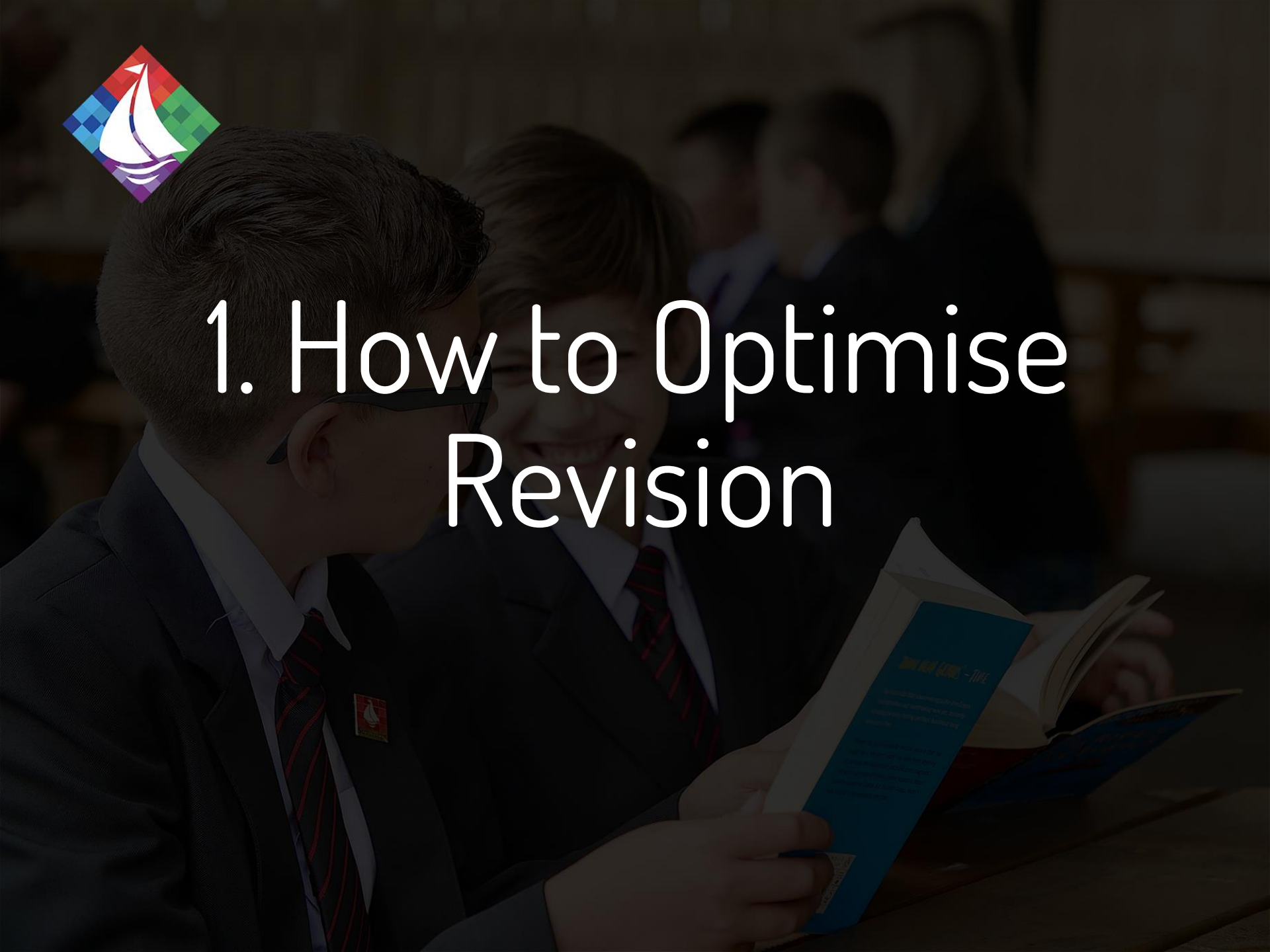


What else would
parents like to know?

Parent Survey Results



1. How to Optimise Revision





Revision Timetable



*Recommended 2 hours per day chunked into 20-25 min slots
(including home-learning)*



Designated Study Space



Not a place associated with relaxing

If your child studies on their bed, or on the sofa, it is very difficult for their brain to get into a working mindset, because that place is normally associated with relaxing.



Flat surface

Your child needs to be able to spread their resources out and write on a flat surface such as a desk or a dining room table.



Quiet and without distractions

The study space needs to be somewhere that is quiet and that your child will not be distracted in. If this has to be the kitchen table, then they need to use it when that room is quiet.



Well lit

The room needs to be well lit from either a window, a ceiling light or an extra table light. If your child has to squint due to poor light, it will give them headaches and result in mental fatigue.



A chair that lets them sit up straight

Sitting upright in a chair to study, rather than slouching or lying down in bed is so much better not only physically for the body, but also mentally to get them into a work mindset.

We can help provide a quiet space in school if required



Remove Distractions



Revise in an environment similar to exam conditions



Active Revision!

Flash Cards



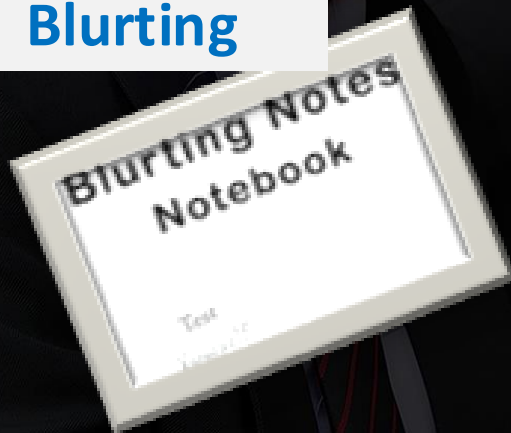
Revision Posters



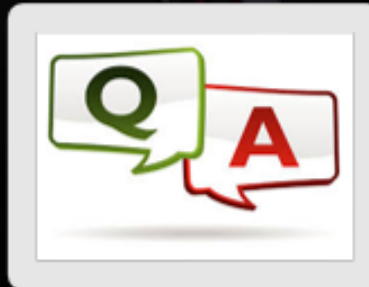
Mind Maps



Blurting



Quizzing



Acronyms





The Protégé Effect

WE LEARN



**70% of What
We Discuss.**

WE LEARN



**80% of What
We Experience.**

WE LEARN



**95% of What We
Teach Others.**



Allow for Movement and Exercise



Ensure students balance their time



Rest and Sleep



Recommended no phones or devices at nighttime



2. College Information



The college 'myth'

'You only need a Grade 3 / Grade 4 to get a place on a course with us.'



- ☐ College places are becoming more competitive.
- ☐ Lower GCSE results could jeopardise course places, meaning you might start at a lower level.
- ☐ Could lead to re-sitting exams.



Applying for College

- **College Open Evenings:** posted on our social media sites
- **Applications are now open** – submit before Christmas
(support given in lessons)
- **Application support day:** October 1st with COPC, HSDC UTC, SHCG, and Bayhouse Sixth Form reps available in school to assist with applications.
- **Careers Advisors:** available every Tuesday for career guidance meetings.

All students will get an appointment, even if they've applied.



What next...

Drama Studio: English, Maths and Science

Library: All other Subjects

Canteen: Additional Support

- Heads of House – pastoral support
- Careers Advisors
- Local Colleges
- Local employers such as Hampshire Police, Fire Service, etc.