

Parent Bulletin

23rd February 2024

Welcome to Trafalgar's latest Parent Bulletin!

It has been a busy week for us, as our students have settled back into their routines with great enthusiasm. We would like to extend a massive thank you to all the Year 11 students who attended our half-term booster sessions. We had a fantastic turnout, and the energy among students was truly inspiring.

In this bulletin, we share the mock exam timetable for Year 11s, which is due to start in March. We know that this is a crucial time for our students, and we want to ensure that they have all the support they need to succeed.

We are thrilled to announce that one of our students has won the Reading Plus Star of the Month award, being selected from thousands of students across the UK. This is a fantastic achievement, and we are incredibly proud of our student's hard work and dedication.

Finally, in light of Online Safety Month, we would like to share a useful document with information about sexting and how to discuss this issue with your child. We believe that it is essential to educate our students about online safety, and we hope that this information will be helpful to our parents.

Stay safe and take care!

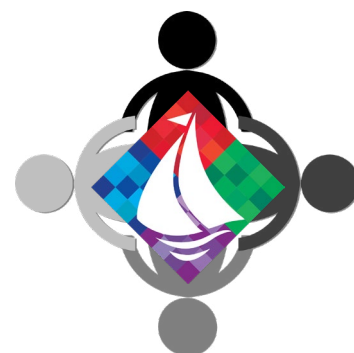
Team Trafalgar

Community Circles

This month is Online Safety Month and during our Check-Out Friday community circles, we discussed **"How can you keep control of your digital footprint? What advice would you give to others?"**

It was interesting to see that most students understood what a digital footprint is and were willing to share their knowledge with others in their circles. Some students talked about how screen time at home is monitored while others mentioned their recent assembly on the topic.

As always, it's important to continue to have open conversations with your child/children about their online activities. How did your child/children respond to the question? How much do you know about what they do online? Remember to join in on the conversation and promote online safety. **#joinin #onlinesafety**



Key Dates

2024

- Monday 26th February** - Year 9 Teenage Booster Vaccine in school
- Thursday 7th March** - World Book Day 2024
- Thursday 14th March** - Year 9 Options Evening
- Friday 15th March** - RAP Meetings - all years (students not in school)
- Monday 18th March** - INSET Day

Uniform & Equipment

Please ensure your children have the correct uniform & equipment with them each day. If you require any support, contact your child's form tutor. You can find details of what they need [here](#).



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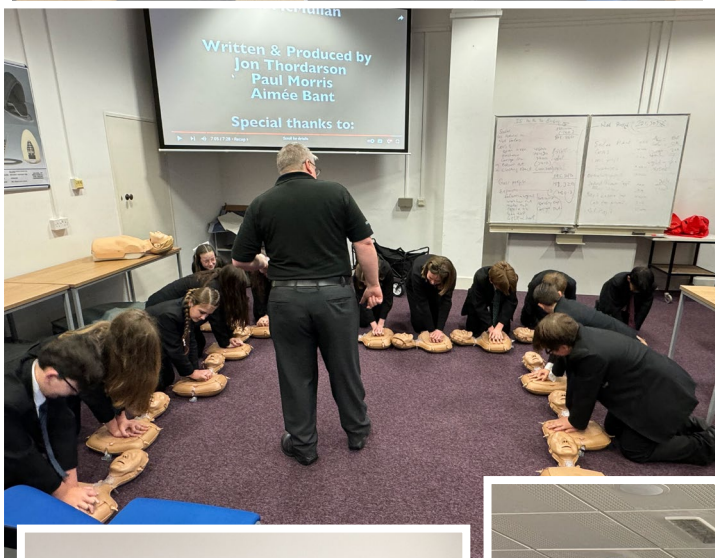
trafalgarschool.org.uk

Careers Update

Our Year 8 students had a fantastic time learning about further education, participating in a mock trial, and discussing the Equality Act and various types of discrimination.

They even got to train with paramedics on how to "restart a heart" and had an animated discussion about how Disney and Marvel have adapted screenplays based on discrimination in America.

It was an eye-opening and educational experience for everyone involved!



Young person's SEND survey

Message from Portsmouth City Council:

Portsmouth SEND Local Offer



Young person's SEND survey

Have your say and help shape services for those aged 13-25 years old in Portsmouth with special educational needs and/or disabilities (SEND).



Tell us what you think and make a difference today!

To complete the survey, visit portsmouthlocaloffer.org/survey

Play your part and help improve SEND services for 13 - 25 year olds

Portsmouth SEND Local Offer needs your help to complete a survey for young people aged 13 - 25 years old in the city. Young people with SEND are being asked to complete a survey which will help improve existing services and commission new ones.

To do this, please visit www.portsmouthlocaloffer.org/survey. If your child or young person requires a paper copy of the survey, please email eandsc@portsmouthcc.gov.uk and a member of the team will send one directly to you. Have your say and make a difference in your community today!

Reading Plus Star of the Month!

A massive congratulations to Adam in Year 8 who has won the Reading Plus Star of the Month award!

We nominated Adam for the Reading Plus nationwide Star of the Month competition for his outstanding engagement with the programme and for reading a massive 152,302 words since last October.

Out of thousands of students across the UK, he won!

Adam has won a £25 book voucher and is being sent a trophy and certificate in recognition of his achievement.

Well done Adam!



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Year 11 Mock Exam Timetable - March 2024

Here is the timetable for our Year 11 Mock Exams taking place in March.

YEAR 11 MOCK EXAMS – Week A

All am exams start in tutor	Tutor and Lesson 1 (8.50- 10.00)	Lesson 2 (10-10.50)	Lesson 3 (11.10 - 12.00)	Lesson 4 (12:00 - 12.50)	Lesson 5 (13.20-14.10)	Lesson 6 (14.10-15.00)
Monday 4 th March 2024	Geography Paper 1 A B C D 90 mins (84)				Maths Paper 1 90 mins (184)	
Tuesday 5 th March 2024	History USA Paper 45 mins (97) History Crime Paper 75 mins (97) A B C C D				Biology Paper 2 Combined Science 70 mins (173) Biology Paper 2 Triple Science 105 mins (11)	
Wednesday 6 th March 2024	Physics Paper 2 Combined Science 70 mins (173) Physics Paper 2 Triple Science 105 mins (11)				Maths Paper 2 90 mins (184)	
Thursday 7 th March 2024	English Lang Paper 2 105 mins (184)		French Listening 35 mins and Reading 45 mins F French Listening 45 mins and Reading 60mins H		Child Dev 75 mins (10) Religious Studies 105 mins (11) Comp Sci Paper 2 105 mins (14)	
Friday 8 th March 2024	History Elizabethan Paper 60 mins (97) History Germany Paper 60 mins (97) A B C C D				Geography Paper 2 A B C D 90 mins (84)	

All am exams start in tutor	Tutor and Lesson 1 (8.50- 10.00)	Lesson 2 (10-10.50)	Lesson 3 (11.10 - 12.00)	Lesson 4 (12:00 - 12.50)	Lesson 5 (13.20-14.10)	Lesson 6 (14.10-15.00)
Monday 11 th March 2024	Computer Science C Paper 1 120 mins (14) Business B D 90 mins (40)				Spanish Writing F 60 mins H 75 Mins A C (37) French Writing F 60 mins H 75 Mins A C (29) Polish, Turkish and Arabic Writing 75 mins	
Tuesday 12 th March 2024	Sociology A B 105 minutes (37) Hair and Beauty A C 120 mins (11) PE GCSE Paper 1 B 90 mins (16)		Spanish Listening 35 mins and Reading 45 mins F Spanish Listening 45 mins and Reading 60mins H		Food Prep B C D 90 mins (58)	
Wednesday 13 th March 2024	Maths Paper 3 90 mins (184)				English Lit 50 mins Paper 1 A Christmas Carol (184)	
Thursday 14 th March 2024	Chemistry Paper 2 Combined Science 70 mins (173) Chemistry Paper 2 Triple Science 105 mins (11)				Health and Social D 75 mins (23) Sport Studies A D Paper 1 75 mins (24) PE GCSE Paper 2 B 75 mins (16)	

Job opportunities at Trafalgar School

We are currently recruiting for the following roles to join our fantastic team here at Trafalgar:

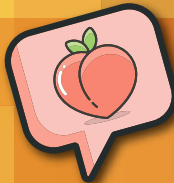
- Teacher of Art & Design Technology
- Subject Lead Geography
- Learning Support Assistant
- SEMH Lead
- Cover Supervisor

If you think you, or someone you know, would be great for any of these roles, then visit our website to find out more and apply!



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What parents need to know about SEXTING



Sexting involves sending, receiving or forwarding explicit messages, images, or videos of a sexual nature. Although mobile phones are the most common vehicle for sexting, the term can also apply to sending sexually explicit messages through any digital media such as email, instant messaging, and/or social media sites. They can be sent to or from a friend, boyfriend, girlfriend, or someone your child has met online. Sexting is often described as the new flirting for children, but it is illegal for anyone under the age of 18. Some of the main platforms it occurs on are Snapchat, Tinder, WhatsApp, Facebook Messenger, Instagram and Kik.

IT IS ILLEGAL

Sexting is illegal if you share, make, take, or distribute an indecent image or video of a child under the age of 18. It is an offence under the Protection of Children Act (1978), the Criminal Justice Act (1988), and under section 67 of the Serious Crime Act (2015). Sexting or 'youth produced sexual imagery' between children is still illegal, even if they are in a relationship and any images are shared consensually.



FEELINGS OF REGRET

Although some children willingly exchange messages, images, or videos, many may regret sharing them after they've been sent. Once it's out there, there's no going back and your child may feel ashamed, vulnerable, or anxious about the imagery resurfacing later, especially if a relationship or friendship has broken down.



PERCEIVED AS 'BANTER'

Many young people under 18 see sexting as 'banter' and an easy way to show someone that they like and trust them. Whilst it is a criminal offence, the reasons for taking and sharing can be very innocent and all part of growing up, understanding their own sexuality, and establishing a relationship. However, whilst most images and videos are taken and shared willingly, there can be unintentional consequences, embarrassment, humiliation, and emotional hurt.



NO CONTROL

Once a photo or video is out there, there's no way of knowing how many people have saved it, tagged it, or shared it. Children like to show off to their peers and, suddenly, an image has gone beyond its intended recipient to classmates, friends, and even strangers. Once an image or video has been shared online, there's nothing to stop it being archived and repeatedly shared.



ONLINE BLACKMAIL OR BULLYING

Sexting can also expose young adults to the risk of being exploited by paedophiles or sexual predators, who then use images to extort additional photos, sexual favours, and sometimes money from victims. Your child may also feel pressured into sexting so they don't come across as boring, or think it's a way to show someone they care for them. They may feel under pressure to give in to repeated requests or feel obliged to share sexual messages and imagery which could then be used against them as a form of bullying or intimidation.



Safety tips for parents



THINK ABOUT LANGUAGE USE

Teenagers often prefer to use the word 'nudes' to 'sexting'. One reason for this is the normalising of this behaviour; another is that most children always feel a sense of embarrassment when discussing any issue with the word 'sex' in it. Sexting an image could also be described as an 'inappropriate selfie'. Using this term with your child might make the discussion less embarrassing.



BLOCK & PARENTAL CONTROLS

Show your child how to use the block button on their devices and favourite apps to stop people sending them unwanted messages. You can also set up parental controls with your internet service provider or on your child's phone to stop them from accessing harmful content.



EXPLAIN THE REPERCUSSIONS

Let your child know that once they have sent a message, they are no longer in control of it and the messages, images and videos that they may intend to share with one individual may end up where the whole world can have access to them. Even if they completely trust someone, other people using their phone might accidentally see it. And, later in life, it may affect their online reputation, especially if universities, employers or future partners access the imagery.



TALK TO YOUR CHILD

Encourage open dialogue about appropriate information to share with others, both online and offline. Show that you understand that sexting can be about finding out about nudity, bodies and exploring their sexuality, but explain why it's important to think twice before sharing something. Show that you are approachable and understanding and discuss what a healthy and trusting relationship with a partner looks like.



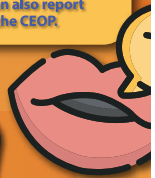
DISCUSS THE LEGALITIES

Children and young people may not realise that what they are doing is illegal. Ensure that your child understands that when they are aged under 18, it is against the law for anyone to take or have a sexual photo of them - even if it is a selfie and even when the activity is consensual.



LEARN HOW TO RESPOND

If an image has already been shared, either your child or you should speak to the person that the image was shared with and ask them to delete it. You can also use the report button on a website where the image was posted. Speak to your child's school as they may be able to confiscate phones if they know that they have sexual imagery stored. If you believe the child was forced into sending the message, report this to the police. You or your child can also report the content to a child protection advisor at the CEOP.



Meet our expert

Jonathan Taylor is an online safety expert and former Covert Internet Investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



JOBS AND OPPORTUNITIES **FAIR 2024**

Monday 26 February

Portsmouth Guildhall (First floor)

10am – 2pm

Discover your future working at a school or college

- Speak to exhibitors about jobs in education
- Sign up to taster sessions with participating schools
- Learn about apprenticeships and training options

GET YOUR FREE TICKET NOW!

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