

Parent Bulletin

9th February 2024

Welcome to our latest Parent Bulletin!

It has been a busy half term for our Performing Arts Department, with Dance Live! taking place this week and our show choice for the 2024 School Production being finalised, with auditions already taking place. Read inside to find out what to look forward to this summer!

We have lots of helpful information for our Year 11 parents & students, with the timetable for half term booster sessions and the exam timetable for the mocks starting in March.

We held our third PD Day this week, with students learning about and discussing a range of hard hitting issues. There were lots of mature and informed discussions between students and the day went well. If any students would like to discuss anything from the day, they are more than welcome to speak to our Compass Team.

You can find out what happened when we had a visit from the Apprenticeship Bus this week and learn some top tips to help students look after their mental health as Children's Mental Health Week concludes. There is also information about a free webinar being offered by the NHS & 'Let's Talk About It' for those who feel they need a little extra support when discussing sensitive topics with their children, such as sex and relationships.

Stay safe and take care,

Team Trafalgar

February Half-Term Booster Sessions

In order to support your child's progress and achievement this year, we will be offering the following booster sessions over February half term.

All sessions have been carefully planned by our expert Subject Teachers to ensure that students are ready for their upcoming mock exams and GCSEs, so they can achieve their full potential.

These sessions are open to all students, unless otherwise stated in the timetable below.

Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
Spanish and French 9:30-12:30pm	Science 9.30-12.30pm	English (ACC) 12pm-2pm	English (Lang Paper 2) 10am-12pm	English (<i>CHE class only</i>) 9:30 -11:30am
SRA, AKO, NAB La1-4	LCU, RHI Sc5 and Sc1	SJO, BNE, SSW En3, En1, En5	CHE, JLE, SSA En6, En7, En4	CHE En6

Key Dates

2024

Monday 12th - Friday 16th February - Half Term

Monday 12th - Friday 16th February - Year 11 Subject Boosters

Tuesday 22nd February - Year 8 Parents' Evening

Thursday 14th March - Year 9 Options Evening

Friday 15th March - RAP Meetings - all years (students not in school)

Uniform & Equipment

Please ensure your children have the correct uniform & equipment with them each day. If you require any support, contact your child's form tutor. You can find details of what they need [here](#).



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Performing Arts Department Update

Dance Live! 2024

Our students competed in the Dance Live! 2024 heats this past week and they absolutely smashed it with their performance. There was a lot of strong competition, but we were thrilled to be awarded best costume for our heat.



Well done to everyone involved and thank you to everyone who came to support us!

The BASE - Pilot Programme launching at the Portsmouth Guildhall

The BASE is an exciting new space being created at Portsmouth Guildhall where young people will be able to explore performing, access tech or just hang out.



Set to open in Spring 2024, you will be able to:

- Chill & Study
- Connect & Grow
- Create & Design
- Jam & Perform

Keep an eye on their website for more information in the coming months - <https://thebaseguildhall.com/>



Year 8 Drama

Year 8 have been exploring Frantic Assembly's Physical Theatre. They have been using the techniques of the jet-pack, walking on the wall and flying to work collaboratively together, creating exciting innovative theatre which they should all be proud of.



Year 10 Drama

Year 10 have been working on their Devising Unit 2, exploring different styles and genres of theatre. This week we focused on chair duets.



Year 7 Script Writing Competition

Calling all Year 7 students! We are asking you to write your best script that links to one of our School Values (Respect, Community, Inclusion, Resilience and Aspiration). The deadline for submissions is the 1st March. Prizes are available and you should send your entries to Miss Edwards - sedwards@trafalgarconnected.com.



We look forward to receiving your entries!

School Production 2024 - Grease is the word!

We are excited to reveal that our school production for 2024 is... Grease!

Auditions have been taking place and after the success of School of Rock and We Will Rock You in recent years, we are sure that the students will blow you away with their performance. Like Grease Lightning!

Here is the cast list for our 2024 production, congratulations to everyone who auditioned!

Miss Lynch	Ruby W
Patty	Sofia B
Eugene	Eden H
Jan	Poppy-Anne F
Marty	Betsy M
Rizzo	Darcy McK
Frenchie	Emily N
Sandy	Maisy W
Danny	Charlie W
Doody	Olivia N
Roger	Charlee C
Kenickie	Isai T
Sonny	Abbey B
Vince	Harry C
Johnny	
Cha-Cha	Limarose M
Teen Angel	Saffron M
Radio Broadcasters/ Drive-in Movie actors/ Additional Pink Ladies	Alisha R, Emily H, Bonnie T, Millie M
Purple Girls- The freshers of Rydell. The Wannabe Pink ladies Lizzo (Wannabe Rizzo) Charlie (Wannabe Marty) Italia (Wannabe Frenchie) Fran (Wannabe Jan)	Lily G Marie K Freya A Zoey L
T- birds- Friends with the guys	Almonder M, Connor L, Daniel E, Zachary C
Additional Pink ladies- Friends with the girls	Limarose M, Lula R, Grace J, Esmie C, Rebecca P
Front of House	Millie M, Mia H



Careers Update

National Apprenticeship Week 2024

5-11 FEBRUARY 2024

#NAW2024

NATIONAL APPRENTICESHIP WEEK

This week is National Apprenticeship Week and we had the Apprenticeship Bus come to Trafalgar to visit our Year 10s. They had the chance to speak to a range of providers and apprentices, to learn what life completing an apprenticeship is like and what is on offer to them.



Thank you to Shaping Portsmouth and Portsmouth City Council for organising the bus and providing our students with this opportunity!

Here are a selection of videos and website links to support parents/carers with school aged children exploring or considering apprenticeships.

Videos:

- [ASK Webinar: Understanding Apprenticeships https://vimeo.com/876023105](https://vimeo.com/876023105)
- [Apprenticeships vs university: which is best? | FT Schools \(youtube.com\)](https://www.youtube.com/watch?v=...)
- [Top Tips on Applying for an Apprenticeship \(youtube.com\)](https://www.youtube.com/watch?v=...)
- [How to Find an Apprenticeship: A Step-By-Step Guide \(youtube.com\)](https://www.youtube.com/watch?v=...)

Websites

- [Find an apprenticeship \(findapprenticeship.service.gov.uk\)](https://findapprenticeship.service.gov.uk)
- [NAW Home \(appawards.co.uk\)](https://www.appawards.co.uk)
- [Amazing Apprenticeships](https://www.amazingapprenticeships.com)



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My VOICE MATTERS

Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK

10 WAYS TO LOOK AFTER YOUR MENTAL HEALTH

Here are some brilliant tips from young people just like you on how you can look after your mental health.



- 1 Don't keep it all to yourself and spend too much time in your own head. This can sometimes make it keep piling up, and make you feel worse.
- 2 Talk to someone you trust and feel comfortable with – a teacher, parent, sibling, cousin, friend... if you can't think of anyone and need to talk, try talking to someone like Shout by texting SHOUT to 85258 for free.
- 3 Write your thoughts and feelings down.
- 4 Keep in contact with people, don't isolate yourself.
- 5 Don't dismiss your feelings because you think they aren't valid. Everything you feel is valid and important to you.
- 6 Focus on the good parts of your life and doing what you love, rather than the negative.
- 7 If you feel like harming yourself then tell someone you trust and distract yourself in the meanwhile.
- 8 Do something you enjoy to help you relax and have a break – watch a film, play a game, watch your favourite YouTuber, listen to music.
- 9 Be your own best friend because at the end of the day, you're stuck with you – so look after yourself!
- 10 Remember that you're not alone, even if it sometimes feels like you are.

*With thanks to students at Stewards Academy and Ark Globe Academy

ASK FOR HELP

Let your family, friends, and teachers know if you are struggling so that they can support you.

If you're feeling overwhelmed and need to talk:

- Text P2B to 85258 for free to speak to Shout
- Call 0800 1111 to speak to Childline, or visit
- [childline.org.uk](https://www.childline.org.uk) for their free online chat
- Visit [place2be.org.uk/help](https://www.place2be.org.uk/help) for more advice



CHILDRENSMENTALHEALTHWEEK.ORG.UK



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Year 11 Mock Exam Timetable - March 2024

Here is the timetable for our Year 11 Mock Exams taking place after half term.

YEAR 11 MOCK EXAMS – Week A

All am exams start in tutor	Tutor and Lesson 1 (8.50- 10.00)	Lesson 2 (10-10.50)	Lesson 3 (11.10 - 12.00)	Lesson 4 (12:00 - 12.50)	Lesson 5 (13.20-14.10)	Lesson 6 (14.10-15.00)
Monday 4 th March 2024	Geography Paper 1 A B C D 90 mins (84)					Maths Paper 1 90 mins (184)
Tuesday 5 th March 2024	History USA Paper 45 mins (97) History Crime Paper 75 mins (97) A B C C D					Biology Paper 2 Combined Science 70 mins (173) Biology Paper 2 Triple Science 105 mins (11)
Wednesday 6 th March 2024	Physics Paper 2 Combined Science 70 mins (173) Physics Paper 2 Triple Science 105 mins (11)					Maths Paper 2 90 mins (184)
Thursday 7 th March 2024	English Lang Paper 2 105 mins (184)		French Listening 35 mins and Reading 45 mins F French Listening 45 mins and Reading 60mins H			Child Dev 75 mins (10) Religious Studies 105 mins (11) Comp Sci Paper 2 105 mins (14)
Friday 8 th March 2024	History Elizabethan Paper 60 mins (97) History Germany Paper 60 mins (97) A B C C D					Geography Paper 2 A B C D 90 mins (84)

All am exams start in tutor	Tutor and Lesson 1 (8.50- 10.00)	Lesson 2 (10-10.50)	Lesson 3 (11.10 - 12.00)	Lesson 4 (12:00 - 12.50)	Lesson 5 (13.20-14.10)	Lesson 6 (14.10-15.00)
Monday 11 th March 2024	Computer Science C Paper 1 120 mins (14) Business B D 90 mins (40)					Spanish Writing F 60 mins H 75 Mins A C (37) French Writing F 60 mins H 75 Mins A C (29) Polish, Turkish and Arabic Writing 75 mins
Tuesday 12 th March 2024	Sociology A B 105 minutes (37) Hair and Beauty A C 120 mins (11) PE GCSE Paper 1 B 90 mins (16)		Spanish Listening 35 mins and Reading 45 mins F Spanish Listening 45 mins and Reading 60mins H			Food Prep B C D 90 mins (58)
Wednesday 13 th March 2024	Maths Paper 3 90 mins (184)					English Lit 50 mins Paper 1 A Christmas Carol (184)
Thursday 14 th March 2024	Chemistry Paper 2 Combined Science 70 mins (173) Chemistry Paper 2 Triple Science 105 mins (11)					Health and Social D 75 mins (23) Sport Studies A D Paper 1 75 mins (24) PE GCSE Paper 2 B 75 mins (16)

Job opportunities at Trafalgar School

We are currently recruiting for the following roles to join our fantastic team here at Trafalgar:

- Teacher of Science
- Lead Teaching Assistant (Cover)
- Learning Support Assistant
- Trust IT Operations Manager

If you think you, or someone you know, would be great for any of these roles, then visit our website to find out more and apply!



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Your **health**. Our **help**.
Whenever **you** need it

PARENTS & CARERS

webinar

21st
February
2024

FREE

**18:00
-
19:00**

Not all Parents/Carers feel confident or knowledgeable when it comes to talking to their young people about relationships and sex.

Effective sex education helps to equip young people with the skills and confidence to empower them to make informed and well-thought-out decisions that are right for them around relationships and sex.

During this webinar we will cover:

- Who we are and what we do as a Sexual Health Service supporting young people.
- What does safeguarding and confidentiality look like when accessing sexual health services.
- Understanding young people's sexual health rights.
- What services are available to young people including contraception and STI screening.
- Online services including Personal Health Record (PHR)
- How we support young people including discussions around positive relationships, sexuality and gender and the impact of social media.
- How we can support you to support your young person with their relationships, sexual health and wellbeing.

You must order tickets prior to the event.

www.LetsTalkAboutIt.nhs.uk/Webinars

   @LetsTalkHants

 @LetsTalkHampshire

JOBS AND OPPORTUNITIES **FAIR 2024**

Monday 26 February

Portsmouth Guildhall (First floor)

10am - 2pm

Discover your future working at a school or college

- Speak to exhibitors about jobs in education
- Sign up to taster sessions with participating schools
- Learn about apprenticeships and training options

GET YOUR FREE TICKET NOW!

Visit teachportsmouth.co.uk/jobsfair

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**JOBS AND
OPPORTUNITIES
FAIR 2024**

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