

# Parent Bulletin



16<sup>th</sup> January 2026

Welcome to this week's Parent Bulletin.

As the term continues, it's been encouraging to see students settling well into their learning and routines. This month, our school community is recognising Healthy Body and Mind Month, with a focus on supporting students' wellbeing, resilience and healthy habits both in and out of school.

In this edition of the bulletin, we're sharing a range of information to support families. This includes useful guidance for parents about Roblox and online safety, as well as invitations to upcoming events that celebrate connection, wellbeing and support. You'll find details about the Salterns Trust evening of food, culture and friendship, an upcoming S.A.F.E. (Support. Awareness. Family. Empowerment.) Event on 16<sup>th</sup> February, and our Live Well event taking place on Thursday 22<sup>nd</sup> January, which will offer practical workshops for parents/carers and students focused on mental health, exam strategies and wellbeing.

Thank you, as always, for your continued support and engagement with our school community. By working together, we can help ensure every student feels supported, healthy and ready to succeed.

Stay safe and take care,

**Team Trafalgar**

## Reading Plus Winner

Congratulations Misel in Year 9, our Reading Plus winner of the week!

Misel chose *Fear Ground* by Jennifer Killick. Misel chose one of the Dread Wood series books because she enjoys horror stories. Happy reading!

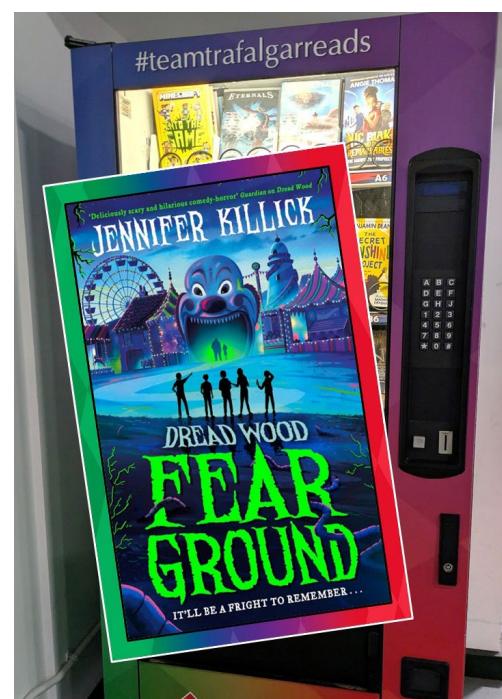
### Leaderboard

Top Classes - Total Avg. Reading Lessons (SR)

1. 7G3/En 25/26
2. 7G1/En 25/26
3. 7R2/En 25/26
4. 7R1/En 25/26
5. 8R1 25/26

Also, well done 7G3 for topping our reading leaderboard!

Don't forget to help your class climb the table by keeping up with your English home learning.



## Key Dates

**Monday 19<sup>th</sup> January** - Trust Annual Conference (school closed to students)

**Thursday 22<sup>nd</sup> January** - SEN Review & Live Well Event

**Wednesday 28<sup>th</sup> January** - Activities Week Pop Up Shop

**Thursday 29<sup>th</sup> January** - Year 11 & Parent Revision Meal 17:30-19:00

## Spring 2026

## Uniform & Equipment

Please ensure your children have the correct uniform & equipment with them each day. If you require any support, contact your child's form tutor. Please ensure students have a bag. You can find full details of what they need [here](#).



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trafalgarschool.org.uk



A child tells you they love playing Roblox, and their parent's only advice is "just be sensible." Roblox is used by children from a very young age, with many starting in primary school and a particularly large number of players aged around 8 - 12. There is no fixed minimum age to play, and children often share games and social spaces with much older users. This mix of ages, combined with user-generated content and social features such as chat and voice chat, means children's experiences can vary widely. As a result, generic advice like "just be sensible" gives us very little insight into what a child is actually seeing, doing, or who they are interacting with.

#### **Helpful lines of curiosity include:**

- What games are they accessing, and are they age-appropriate?
- Is chat enabled, and who can message them?
- Have they come across anything violent, hateful or worrying?
- Are they using private servers or public spaces?
- Are parental controls or age settings in place and actively used?
- Does the parent feel confident managing the platform?
- Disclosures of concerning content on Roblox should be treated as safeguarding issues, not just IT problems, and may relate to online safety, digital resilience or Prevent duties. The goal is curiosity, not panic. We want to help children talk openly about what they encounter and support parents to move beyond "just be sensible".

#### **What helps most in practice includes:**

- Regular, interested conversations about what children enjoy playing, who they play with, and what they notice online
- Adults showing curiosity, including watching or playing alongside children, so games are not treated as a secret or separate world
- A clear understanding of personal information, including why chats should stay about the game and when to tell an adult
- Agreed rules around spending, with children knowing when real money is involved and when permission is needed
- Reassurance that worries should be shared, including exposure to upsetting content, mean behaviour or hate-based language
- Confidence using block and report tools, so concerns can be addressed calmly and practically
- Active use of safety settings, including age-appropriate controls, chat restrictions and parent account oversight

More information can be found here: <https://corp.roblox.com/safety-by-age>

# THE SALTERNS TRUST INVITES YOU TO AN EVENING OF FOOD, CULTURE AND FRIENDSHIP

Join us to celebrate our rich cultural heritages and share food, language, music and traditions, fostering community connections among families from across the Salterns Trust Schools in Portsmouth.

Come along and make new friends, while sharing cultural experiences and enjoying a variety of delicious dishes provided by our community.

This is a free event, open to families from our Trust schools.

\*\*We would ask that guests bring pre-prepared food (there is no cooking or heating on site), so that everyone can enjoy the evening's offerings in safety.



**DATE: 17 MARCH 2026**  
**6.30PM - 8.00PM**

**LOCATION: TRAFALGAR  
SCHOOL IN THE MAIN HALL**

**PLEASE REGISTER YOUR INTEREST [HERE](#)**  
**TICKETS ARE LIMITED SO PLEASE ENSURE YOU REGISTER BY**  
****FRIDAY 27<sup>TH</sup> FEBRUARY****

**ANY QUESTIONS?**

**PLEASE CONTACT ELLE SMITH ON [ESMITH@SALTERNS.ORG](mailto:ESMITH@SALTERNS.ORG)**

We anticipate this will be a very popular and uplifting event, and we would love to involve as many of you as possible.

# S.A.F.E

(SUPPORT. AWARENESS. FAMILY. EMPOWERMENT)

## Event

FEBRUARY

16

09:00 - 17:00

Priory School  
PO4 0DL



### WHAT IS A 'S.A.F.E' EVENT?

S.A.F.E IS PORTSMOUTH'S FIRST COMMUNITY EVENT, RUN BY ALL PARTS OF THE MENTAL HEALTH SERVICES IN THE CITY ALONGSIDE THEIR COMMUNITY PARTNERS.

OUR AIM FOR THE EVENT IS TO MAKE OUR SERVICES MORE ACCESSIBLE TO YOUNG PEOPLE AND THEIR FAMILIES, AND INFORMATION MORE AVAILABLE TO THOSE SUPPORTING THEM.

THERE WILL BE A PROGRAMME OF WORKSHOPS AND PRESENTATIONS ON THROUGHOUT THE DAY.

IF YOU ARE A PARENT OR CARER LOOKING FOR INFORMATION THEN THIS EVENT IS FOR YOU!

### WHAT'S ON?

TALKS AND WORKSHOPS THAT YOU CAN ATTEND:

- ➡ NEURODIVERSITY AND PARENTING STRATEGIES
- ➡ SCHOOL AVOIDANCE AND ATTENDANCE CHALLENGES
- ➡ LOW MOOD AND ANXIETY
- ➡ EATING DIFFICULTIES
- ➡ MANAGING RISK
- ➡ PARENTING WORKSHOP

POP-UP BOOTHS FROM COMMUNITY PARTNERS AND SERVICES WILL BE AVAILABLE THROUGHOUT THE DAY



Scan Here For  
FREE Tickets!

# LIVE WELL Trafalgar



**KS3: Mental Health & Wellbeing**  
**KS4: Exam Strategies & Wellbeing**

A practical, workshop style session for parents/carers and students

**Thursday 22<sup>nd</sup> January, 3:15pm-5:30pm**