

# Trafalgar Newsletter

25<sup>th</sup> March 2022

Welcome to the latest edition of our parent bulletin; we hope you all managed to enjoy the long weekend and return fully reinvigorated this week!

This week we held our fourth PD day of the year, with the focus being around health. Year 7 looked at creating healthy relationships, Year 8 took part in a Duke of Edinburgh taster day with our field becoming a sea of tents and students learning how to make those all vital hot chocolates!

Year 9 looked at how to have a healthy mind in difficult times, whilst Year 10 had a last minute change and looked at how to promote their own mental health and wellbeing. Year 11 took part in exam booster sessions and could be seen going on scavenger hunts and other fun exciting activities to help with their revision skills.

In this edition of the bulletin, you will find updates from our Humanities department, as well as details of steps we have taken as a school to protect cyber security in light of the situation in Ukraine, along with tips on how to keep yourself safe online during this time.

Take care and stay safe,

## Team Trafalgar

## Hot Chocolate with the Head

This week's Hot Chocolate with the Head is awarded to Matthew, Quinn, Matilda, Poppy-Anne, Callum, Jack, James, Ziath, Daniel and Mille.

These students took part in the Solent Region Climate Change Project, representing Trafalgar School to a high level. They worked together to create a product which promotes sustainability in Portsmouth.

This was a great opportunity to experience a real-life application of Geography, whilst also thinking about their role as young citizens of both our city and the wider world!



Well done to the whole team!

### Key Dates

2022

**Friday 25<sup>th</sup> March** - Activities Week final payments due

**Monday 11<sup>th</sup> - Friday 22<sup>nd</sup> April** - Easter Break

**Thursday 28<sup>th</sup> April** - Year 10 Parents' Evening

### Reminder about essential equipment:

Please ask students to check their bags before they come to school and make sure they have all essential equipment with them.



@TrafalgarSch

trafalgarschool.org.uk

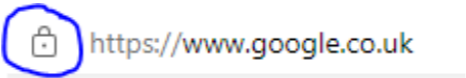
## Salterns Academy Trust response to increased risks of Cyber attacks

The DfE and the National Cyber Security Centre (NCSC) have made schools aware of an increasing number of cyber-attacks involving ransomware infections affecting the education sector recently. They have asked schools to urgently review their existing defences and take the necessary steps to protect their networks.

### What action has been taken?

- Implemented Multi factor Authentication
- Commissioned a cyber security company to audit the Trust's networks
- Using our internet provider to restrict what is allowed to enter and leave the school network.

### What can you do to help?

- **Passwords** – Choose a secure password; for best practice use larger passwords with combinations of characters (uppercase, lowercase), numbers and special characters. Try not to use something that could be easily guessable like pet names and the place in which you live! Also, if you need to change your password, make sure you use a completely different password and not one that has been used in the past or with an extra character on the end!
- **Emails** –Do not open any attachments from sources that you do not know. It may also be good to check who the emails have come from (do the names match up to the email address?) If you ever have any questions, do not be afraid to ask any of the IT team in the school! Please be extra vigilant with emails, even if an email has come to you from a trusted source, that account may have been compromised. If the attachment or link is not something that you would expect from that person, make sure to check if it is something they have sent.
- **Websites** – Make sure that the website that you are going to is the correct one! Quite often people will spoof websites for us to log in and give away our personal details and passwords. All secure and verified websites will have a padlock next to them in the search bar.  
  
<https://www.google.co.uk>
- Any questions/comments, please talk to your IT support team who will be able to help.

## Community Circles Update

This week our tutor community circles were answering the following check in question:

### “Which do you value most: physical health or mental health?”

Students were keen to put emphasis on both types of health and many said that the pandemic made them realise how much their mental health was affected by not seeing people and friends. One student said, “the reason why community circles are so important to me is that it gives me an opportunity to connect with others, which really helps me with my mental health when I feel stressed or down”.

Whilst physical health was also recognised for its importance, quite a few students felt both were closely linked and difficult to separate as one tends to affect the other. Strategies for staying healthy were also widely discussed.

How do you think your child answered? Ask them, get involved and let's keep the conversation going. #joinin



## Humanities Department Update

‘Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, “They have taken the Lord out of the tomb, and we don't know where they have put him!”’ (John 20, Bible)



How do you explain an empty tomb? This is the question with which Year 7 pupils have been grappling in Ethics and Philosophy recently. Was Jesus' body stolen? Did he really die on the cross?

Did his followers make the whole thing up? Year 7 has weighed the various weaknesses and strengths of these ideas, while coming up with other possible solutions. Pupils have also worked hard to explain their own personal responses to the problem. Their answers have been thoughtful and insightful – well done, Year 7!

What do you think? Could you explain an empty tomb?

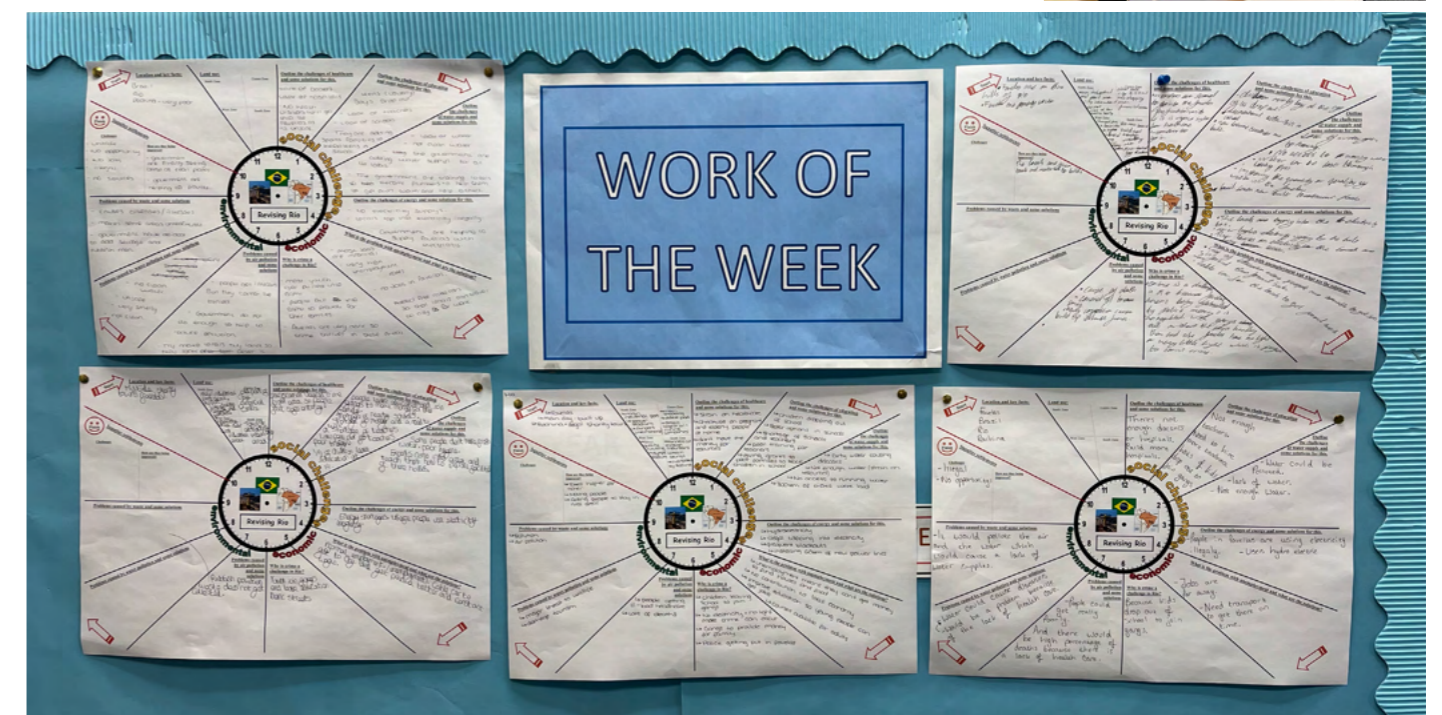
**Mr. M. Coram - Subject Leader, Religious Education**

### Geography - Great home learning and work examples

Our Geography students have been producing some brilliant work recently! Check out pink lakes on google to see how spot on this cake made by Holly and Mia for their 'fantastic places' homework is. Well done girls!



Below you can see some excellent examples of work produced by our Year 10 Geographers this week. Well done to everybody featured!



**HOLIDAY  
ACTIVITIES AND  
FOOD**

  
Department  
for Education

  
Portsmouth  
CITY COUNCIL



**HAF  
FUN  
POMPEY**



**THIS  
EASTER**

**11 - 22 APRIL 2022**

Open to all children from 5 - 16 years old  
and **FREE** spaces available for those eligible.

The programme includes a fantastic range of activities from sports clubs, cooking classes, climbing, tech workshops and drama groups, plus good, tasty food is also provided. Family days are included too, so everyone can get involved!

For more information and details on how to book,  
visit [www.pycportsmouth.co.uk/haffunpompey](http://www.pycportsmouth.co.uk/haffunpompey)  
email [HAF@portsmouthcc.gov.uk](mailto:HAF@portsmouthcc.gov.uk) or scan the QR code!



Keep up to date by following us on social media:

   @portsmouthcitycouncil  @portsmouthtoday #HAF2022



@TrafalgarSch

[trafalgarschool.org.uk](http://trafalgarschool.org.uk)